

**Not sure where to start?**  
Different resources may be  
appropriate depending on what  
your needs and situation look like:

- ▶ **For help navigating these resources:** Jefferson County Human Services (JCHS) has 24/7 crisis screening at **920-674-3105**. A crisis worker is available to help you navigate all the available resources in the area as well as insurance questions. If you need help but are unsure where to start, JCHS can advise on available resources for a wide range of circumstances.
- ▶ **For overwhelming depression, strong suicidal thoughts/attempts, self-harm, or other mental illness related symptoms:** UW Health, Unitypoint Meriter, and Rogers all provide 24/7 crisis care that is generally a shorter hospital stay meant to provide acute stabilization and support. These facilities have crisis workers that will then help guide you on next steps. Calling their number, which can be found on the other side, will connect you with someone who can help you figure out appropriate next steps.
- ▶ **For drug and alcohol detox or substance misuse treatment (that may include mental illness symptoms described above):** Rogers offers a wide array of inpatient, residential, and outpatient services including substance detoxification with medication management. Call **800-767-4411** or **rogersbh.org**.
- ▶ **Other considerations:** Contacting your insurance directly can be a way of determining what treatment options are available to you. For those without insurance or unsure of their insurance status, call the JCHS 24/7 line **920-674-3105**.
- ▶ **For those that may benefit from finding outpatient counseling services,** contacting your doctor's office is an option to find a referral. Fort Healthcare also maintains a list of counselors in the area: **[www.FortHealthCare.com/behavioralhealth](http://www.FortHealthCare.com/behavioralhealth)**.



JEFFERSON COUNTY  
**DRUG FREE COALITION**



## JEFFERSON COUNTY **SUBSTANCE USE AND BEHAVIORAL HEALTH RESOURCE GUIDE**

**[JEFFCODRUGFREE.ORG](http://JEFFCODRUGFREE.ORG)**



## CRISIS SERVICES

### **Rogers Behavioral Health**

34700 Valley Road • Oconomowoc

800-767-4411 • [www.rogersbh.org](http://www.rogersbh.org)

- Inpatient Adult/Adolescent Programs including Medication-Assisted Substance and Alcohol Detox and Mental Illness Stabilization

### **Watertown Regional Medical Center**

123 Hospital Drive, Suite 110 • Watertown

920-262-4222

- Senior Behavioral Health Inpatient Care.
- Medication-Assisted Substance and Alcohol Detox in Emergency Room

### **Froedtert Hospital**

W180N8085 Town Hall Road • Menomonee Falls

262-257-3685 (24/7 referral line)

- Adult Inpatient Programs including Medication-Assisted Substance and Alcohol Detox

### **Tellurian Behavioral Health**

300 Femrite Drive • Madison

608-222-7311

- Inpatient Medication-Assisted Substance and Alcohol Detox
- Residential and Outpatient Programs for Addiction and Mental Health

### **UW Health**

600 Highland Avenue • Madison

608-263-7525

- Child and Adult Inpatient Mental Illness-related Stabilization

### **UnityPoint Health - Meriter**

202 S. Park Street • Madison

- 608-417-6000: Adult Inpatient Stabilization
- 608-280-2600: Child/Adolescent Stabilization

For a list of local Mental Health Counselors,  
visit: [www.FortHealthCare.com/behavioralhealth](http://www.FortHealthCare.com/behavioralhealth)

For Housing, Food, and other Supportive Resources  
visit: [www.cacscw.org](http://www.cacscw.org) or call 211.

## RESIDENTIAL AND OUTPATIENT SERVICES

### **Fort Healthcare**

611 Sherman Avenue East • Fort Atkinson

920-563-9542

[www.FortHealthcare.com/clinic/behavioral-health/](http://www.FortHealthcare.com/clinic/behavioral-health/)

- Outpatient Psychotherapy and Psychiatry
- Suboxone-Assisted Treatment

### **Jefferson County Human Services**

1541 Annex Road • Jefferson • 920-674-3105

- Open-access: Walk-In/Same day scheduling. Currently done via telehealth. Crisis Screening available 24/7
- Individual/Group Counseling and Medication Management
- Referrals to other programs or levels of care if needed.
- Peer Support Services

### **Rogers Behavioral Health**

34700 Valley Road • Oconomowoc

800-767-4411 • [www.rogersbh.org](http://www.rogersbh.org)

- Residential Programs for Addiction and Behavioral Health
- Partial Hospitalization and Intensive Outpatient Day Programs
- Group Counseling and Medication Management

### **Aurora Outpatient**

W231N1440 Corporate Court, Suite 310 • Waukesha

877-666-7223 • [www.froedtert.com/behavioral-health](http://www.froedtert.com/behavioral-health)

- Outpatient Psychotherapy & Psychiatry Services

### **Watertown Regional Medical Center**

123 Hospital Drive, Suite 110 • Watertown

920-262-4800

- Outpatient Psychotherapy (Age 4 and Up) and Psychiatry Services (18+)

### **Froedtert Hospital**

W180N8085 Town Hall Road • Menomonee Falls

262-257-3685

- Partial Hospitalization and Intensive Outpatient Day Programs
- Group Counseling and Medication Management